**Study Analysis**

(Semester 1, week 3)

It is important to understand how you study and some of the problems that you may face so that you can find solutions and improve your time management skills. Use the table below to analyse one of your study periods. Fill out column 1 while you are studying and column 2 after.

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| --- | --- |
| **Column 1 (fill out during study)** | **Column 2 (fill out after study)** |
| Date: 16/10/2015  Where: In my room  Start time: 7:23 PM  Study conditions (place, noise, number of people etc.):  Talybont South house 24, noisy, unknown. | Where the conditions, time and place the best possible? How could you improve anything?  Booking a place in the Library, or studying in an uncrowded quite café.  Starting earlier than 7:23  Using the internet to find some helpful websites that could explain to me some of the questions. |
| Study objectives. What are you aiming to achieve by the end of the session?  Solving all my math polynomial questions, and try to understand Logarithms more since I didn’t really understand them in class. | Did you achieve your aims? If not why?  Somehow yes I did, but I still had unanswered questions not related to my homework but math, just for me to understand things better, so I needed explanations for them. |
| How long are you going to study for altogether?  Until I am done with all the Homework questions and understanding Logs. | How long did you actually study for?  Approx. one hour and a half |
| How many breaks do you intend to take?  Two breaks  Time of breaks (approx.)?  8:00, 8:40  Length of breaks?  10-15 mins | Did you stick to your break times? If not why? Were there any distractions during your break?  Yes I did stick to my breaks, and yes there were many distractions during my break time where my flatmates are having a party in the kitchen and inviting their friends, it’s hard for me to go to the kitchen to get some snacks or something to eat. |
| **Interruptions that occurred**  Type of interruption Length  1. Noises from my flatmates. almost all the time  2. Messages from my friends and family. approx. every 20 mins  3.Friends knocking my room’s door 2-3 mins (two time)  4. Train Noise every 30-40 mins  5. nothing  Time finished: approx. 9:20PM | How could you prevent these interruptions?  Finding a better place to study, such as the library, or a quite café, or in my friend’s room in another building that is quite.  Actual time spent really studying:  Approx. one hour – 50 mins |

**Study Reflection**

(Semester 1, week 3)

Now that you have finished your study analysis it is important to reflect on this so that you can make improvements for future study.

In the box below write a 50 – 70 word analysis of your study period and discuss what you have learned from the session, what changes you could make and how you could apply these for future study.

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| Studying in my room will give me hard times especially on Thursdays and the weekend, since my flatmates always makes parties in the end of the week, and my room is next to a road train. Booking a place in the library or in a café would be the best choice for me to study and do my homework in the weekends. |